

VOLUME 54 NUMBER 24

JUNE 15, 2013

# THE KWAJALEIN HOURGLASS



Eva Seelye and Valorie Jack celebrate after the Kwajalein Jr./Sr. High School class of 2013 graduation ceremony. For more, see page 3.

*Photo by Molly Premo*

**The USAKA Command will hold a Resident's Town Hall on Thursday. The event will begin at 6:30 p.m. at the CRC, room 6. All island residents are welcome to attend. For further information, contact 54848.**

## Thumbs Up!



... to the gentlemen at San Juan Construction for aiding a stranded motorist when her car ran out of power in front of their shop last week. Thank you!

... to returning college students: Alex, Brianna, Emma, Jake, Jarem, Jeni, Leia, Maddi, Melissa, Shelby, Stephanie, and Will, and to Moms: Jane and Ona, for their energetic and creative assistance with the George Seitz Elementary Field Day activities! Their volunteer efforts were both invaluable and appreciated in putting on this traditional end of the school year event.

**Exchange  
Corner**  
*Updates to your local  
Exchange stores*



Burger King is now serving soft serve cones and sundaes.

New at the American Eatery, check out our fried chicken:

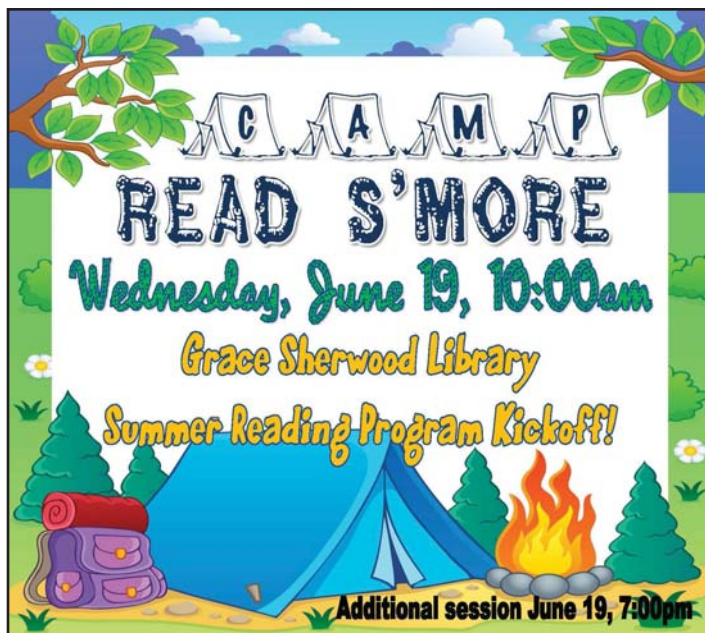
**2-piece chicken dinner,  
two sides and a drink**  
\$5.99

**8-piece chicken platter**  
\$10.75

**3-piece chicken dinner,  
two sides and a drink**  
\$6.99

**12-piece chicken,  
four sides, two large drinks**  
\$15

Sides: fries, mashed potatoes, rice and gravy, green beans



**Need to submit a publication request to the Hourglass or AFN Roller? This is how:** If you have access to the global, type in "usarmy"

to get to the group email listings. There are three listings. The first two groups are bolded.

When you scroll past those, the last group is unbolded – this is the listing you want to choose. Make sure it says "mailbox" before Hourglass or AFN Roller and NOT "List" or "MBXOWNER" If you do not have access to the global, here are the new email addresses:

*usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil*  
*usarmy.bucholz.311-sig-cmd.mbx.afn-roller@mail.mil*

**NOTE:** Messages sent to the old SMDC email addresses are no longer forwarded. You must use the new email addresses.

## THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Kwajalein Atoll. Contents of the Hourglass are not necessarily official views of, or endorsed by, the U.S. Govern-

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Installation Garrison Manager...Joseph Moscone  
Sergeant Major...Sgt. Maj. Roderick Prioleau  
Public Affairs Officer..... William White  
Managing Editor ..... Sheila Gideon  
Media Specialist..... Eva Seelye  
Media Specialist..... Chris Delisio  
Media Specialist..... Shawn Brady  
Media Services Intern.....Molly Premo



The seventeen members of the class of 2013 relax after the June 7 graduation ceremony.

Photo by Molly Premo

# Class of 2013 ready to take on the world

By Molly Premo  
Media Services Intern

June marks the end of the school year for students, but for hard working seniors, it marks the end of their high school careers. Graduation is one of Kwajalein's most unique and traditional ceremonies; the community shows up in support of the graduating class. Anxious family and friends began lining up in front of the Davye Davis Multi-Purpose Room more than an hour early on June 7, in order to find the best possible seats.

Seventeen barefoot graduates entered the room, lit only by the candles they carried, and proceeded down a woven mat bearing the motivational message "Follow Your Dreams." Natasha Tomas and Hagar Kabua were the first speakers of the night. The two students welcomed all of the guests to graduation, Tomas speaking in Marshallese and Kabua translating the message into English. Rachel Flaugh followed with the Valedictorian Address. The speech started lightheartedly when Flaugh joked about Kwaj's slow dial up internet making it impossible for her to find inspirational speech ideas. "If someone would have told me two years ago that I would be graduating from a private school, on a tiny island, in the middle of the Pacific Ocean, I would have laughed at them." Flaugh continued on about life-long friends, the excellence of KHS faculty and the

numerous community service clubs and activities here on Kwajalein that inspire others to make a difference. She reminded her peers to focus on the things that matter in life, like family, friends, dreams and values. Flaugh ended her speech by thanking the Kwajalein Community and fellow classmates and congratulating the class of 2013. Kori Dowell performed "My Wish" by *Rascal Flatts*. Kori was accompanied only by an instrumental version of the song, and for one last time, Dowell blew her audience away.

Yomoko Kemem, Junior Class Secretary, initiated the scholarship section of the ceremony by presenting the first of fourteen scholarships awarded to the seniors.

Dowell made another appearance later in the night to give the Salutatorian Address. "We are more than just a class, we are ohana." She continued, "There is a huge world just waiting for us, and we can conquer it with the lessons Kwaj has taught us." She encouraged classmates to stay strong and persevere, and reassured "if you can't do it alone, you can always count on one of us." Dowell ended by saying, "Stay strong and always believe, and you are sure to achieve everything you dream."

Kabua kept the night moving with her hula to "Himene Tatarahapa." Kabua's solo dance made a beautiful last impression on the Kwajalein and Ebeye communities. Jamie Simpson, Malkie Loek and Kori Dowell followed Kabua's act with their rendition of the senior class's

See GRADUATION, page 6

# After 30 years, the musical duo of Kwajalein Schools say farewell

By Sheila Gideon  
Managing Editor

After 30 years at Kwajalein, Dick and Cheryl Shields are leaving paradise for another one. The longtime music duo of Kwajalein Schools will depart June 18 and head to the Kona side of Big Island where their home is waiting for them. Dick has run the band program at Kwajalein Jr./Sr. High School, while Cheryl has taken care of the elementary music program and high school choir.

The Shields arrived in 1983, making their time on Kwajalein an even 30 years. But, music had been in their lives for many years before that. Before Kwajalein, Dick and Cheryl taught for 13 years in Ohio. Part of that was big city and part was very rural. "Then I worked at a school that in many ways was not much different than here (Kwajalein)," he explained. He ran fifth- and sixth-grade, junior high, high school and stage bands. "When I came out here, the weather was different, but the program was very much like what I had done there, and I think that helped me to get a good foothold as I started here."

Dick's love for music began in high school. "I had a really exciting junior high band director and a very committed church hand bell director. Those two people ... really got me involved in music." Up through the beginning of his senior year in high school, he knew he enjoyed music, but planned on majoring in physics at college. About halfway through his senior year of high school he had an epiphany about music. "If I enjoy it this much, I ought to do it," he recalled.

When asked what his favorite instrument is to play, Dick didn't hesitate to say, "I'm a clarinet player." Dick can play every band instrument. "Everything that I teach, I know how to play." He said he is strongest on woodwinds, but enjoys the challenge of switching between instruments with the students during the day. Cheryl is a French horn and accomplished piano player. She is best known for her singing voice, which she is classically trained in. While Dick can also carry a tune, and has filled in as tenor for the Community Choir over the years, he mostly leaves the singing to his wife.

Throughout the years, the Shields have been involved in countless concerts, holiday performances and ballroom dinner dances. The band plays on Ebeye every year for the Memorial Day parade and even flew to Majuro for the 25th anniversary of the signing of the RMI constitution. Besides being in the spotlight, Dick also plays a supporting role, setting up and running sound for various piano recitals, talent shows and graduation ceremonies.

While all the performances are gratifying, it's clear why Dick loves his job as much as he does: the students. "This is a very, very special bunch of students here," he said. While in the States, some band mem-

bers work hard in order to go on trips to play at places like Disneyland, here, there are no such perks. "The kids are so committed to working with the band that I don't need to have incentives." The students often rush from finishing one activity to the school to perform in a concert.

"You need to know the fundamentals, but it's important to remember that you play an instrument," is the lesson Dick tries to make sure each student learns when they go through his program. The hard work associated with rehearsing is expected, but if you lose the love of playing the instrument, you need to find something else. "It's interesting that playing an instrument and being at play, whether you're on a playground or anywhere else, is the same concept."

Having been here 30 years, there have been many



Dick and Cheryl Shields dance at the Ballroom Dinner Dance, an event they hosted for 25 years on Kwajalein.



**Dick Shields directs the High School Band during the Memorial Day ceremony on Kwajalein this year.**

changes to the school and the island itself. One big change Dick has noticed is the decline in student population. Despite the lesser number of students at the school, there have been the same number of kids involved in music; so, the percentage of kids involved in the music program has increased throughout the years. There has also been an increase in Marshallese students both at the school

and involved in the music program. "The Marshallese kids certainly have a gift for music."

Dick hasn't kept an accurate number of students who continue on with music, but they are out there. He's contacted some old students on social media sites, and some of them are involved in music, some even professionally. But, more than that, he said, what he enjoys most is when they thanked him for helping them to enjoy music and then hearing that love was passed along to their children. "I love that part," he explained.

He said this is similar for Cheryl. She will teach students songs in elementary school, and when it comes time for senior memories at graduation, they will mention those songs or programs. "That's really special to us."

Some of his favorite students, though, were his three children, Amber, Colin, and Tyler, who all went to KHS and through the music program. Amber played clarinet, taking after Dick, and



**Cheryl Shields plays the French horn during a Community Band Concert in the MP Room at the high school.**

the boys played trombone. Tyler even came back to Kwajalein and worked for several years, and participated in the Community Band. "That was a treat, but it was also kind of a challenge because you know Tyler," he joked. Sometimes during rehearsals Dick didn't dare look back at Tyler, who would be doing something hilarious. "I couldn't look at the other side of the room because Cheryl had seen him and was already laughing. So I'd just keep my head in the music and try to avoid eye contact."

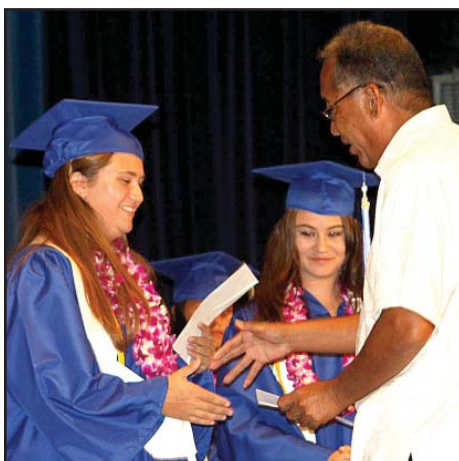
Dick said being able to work so closely to his wife all these years has been really special. It's not only that she helps events run smoothly, but it was nice to be able to go home and share the joys or frustrations of the day and have her understand. "[Cheryl] has kept the sanity in me. ... She helps keep it all in balance."

After 30 years on Kwajalein, knowing when to leave and retire is a tricky decision. "We still don't know that it's time," he said. "We wanted to make sure that we had a lot of energy and time to do the next chapter."

What do you miss the most after leaving the place you've lived for 30 years? Dick was quick to answer, "My boat and my bicycle. ... I'm going to miss working with the kids every day."



**The Shields take a break at Coffee Shop for some dancing.**



history. They began with kindergarten, reminiscing about learning letters, colors and songs and shared a different event from each year. The audience roared in laughter as the students told stories of when Loeak spelled awful "offel" during a spelling bee, and lost to Dowell, or when Doerries had an unfortunate experience in chemistry while trying to light a balloon on fire. As Mary will tell you, "the fire tried to eat her." They continued by recalling past Turkey Bowls, trips to Bigej and putting on school dances. The graduates then joined the crowd as a slide show played on stage. Each senior had photos of their life, including baby photos, which received playful laughs and "awws" from the audience.

Seelye, McPhatter and Flaugh thanked all of the teachers for strengthening them intellectually, but recognized a few special individuals. First, they called Cheryl and Richard Shields up to the stage, bestowing leis upon them. They expressed their gratitude to these two people who dedicated their time and commitment to both the school and the community. Barbara Bicanich, described as "wonder woman," also joined the graduates on the stage. "Without her direction and organization, none of us would be graduating on the stage tonight," the students said. The last to be called up were Jamie Bowers, whose "guidance has pushed us to reach the highest success and accomplish any task," and Annie Dowell who "goes above and beyond to make

every experience magnificent." The Kwajalein Community was thanked for providing unique opportunities, and most importantly, parents were acknowledged for their immeasurable support and endless sacrifices. Graduates left the stage for the most emotional part of the evening, when the graduates give their parents hugs and leis to show their appreciation and love.

Allan Robinson, Superintendent, called the graduates back to the stage to present the Salutatorian and Valedictorian medals. The two highest grade point averages were separated by just over one-hundredth of a point! Salutatorian Kori Dowell had a combined comprehensive cumulative grade point average of 3.911, and with a 3.926 GPA, this year's Valedictorian was Rachel Flaugh.

Finally, Mr. Joseph Moscone and Sgt. Maj. Roderick Prioleau joined Robinson to award the diplomas.



As each graduate was handed a diploma, Robinson announced their future plans, ranging from attending college, to enlisting in one of the military services, to volunteering with United Planet. After all the applause, Mary Doerries and Shannon Wilkinson took the podium to direct the final tradition of the ceremony, the turning of the tassels, which signifies the end of their high school career. This moment brought roars of applause for the class of 2013. The ceremony finished as the graduated seniors walked out to the upbeat song "On Top of the World."



## CLASS OF 2013 SCHOLARSHIPS

### STUDENT GOVERNMENT ASSOCIATION

KORI DOWELL  
RACHEL FLAUGH  
MARY MCPHATTER  
NATASHA TOMAS

**ART GUILD**  
EVA SEELYE  
NATASHA TOMAS

**SCUBA CLUB**  
MARY MCPHATTER

**CLASS OF 2011 PAY IT FORWARD**  
NATASHA TOMAS

**MI DEVELOPMENT BOARD**  
KORI DOWELL  
RACHEL FLAUGH

**KWAJALEIN SPORTS ASSOCIATION**  
KORI DOWELL  
EVA SEELYE

**YYWC**  
KORI DOWELL  
MARY MCPHATTER  
EVA SEELYE

**CHAPEL**  
MARY MCPHATTER

**BLESSED SACRAMENT**  
MARY DOERRIES

**BERRY AVIATION**  
MALKIE LOEAK

**AMERICAN LEGION**  
MARY DOERRIES  
MARY MCPHATTER  
EVA SEELYE

**QOL**  
KORI DOWELL  
RACHEL FLAUGH  
MARY MCPHATTER  
EVA SEELYE  
NATASHA TOMAS  
SHANNON WILKINSON

**JINETIPTIP**  
EDWARD BOBO JR.  
RACHEL FLAUGH  
VALORIE JACK  
HAGAR KABUA  
MALKIE LOEAK  
GLOTHELIA MIJENA  
MICHAEL PEDRO  
NATASHA TOMAS

**KRS**  
MARY DOERRIES  
KORI DOWELL  
RACHEL FLAUGH  
MARY MCPHATTER  
NATASHA TOMAS  
SHANNON WILKINSON

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# DISPATCH FROM ROI

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*From Jeff Paquin*



*From Jeff Paquin*



*From JoDanna Kalinowski*



*From JoDanna Kalinowski*

# View from Kwaij

We need your submissions to keep this page full! Email to:  
[usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil](mailto:usarmy.bucholz.311-sig-cmd.mbx.hourglass@mail.mil)



From Kim Yarnes



From Molly Premo



From Molly Premo



From Molly Premo



From Eva Seelye



From Eva Seelye

## HELP WANTED

KRS AND CMSI job listings for on-island positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job listings for contract positions will be available at [www.krsjv.com](http://www.krsjv.com), on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for contract openings are located online at [www.krsjv.com](http://www.krsjv.com).

KRS EMPLOYMENT applications are continually accepted for casual positions in the community services departments, medical department and the HR temp pool. Some of the casual positions are recreation aid, medical office, substitute teacher and HR temp pool office support. Questions, call 54916.

## LOST

SMALL WHITE ITOUCH, on Wednesday morning on the way from Ebeye to CMSI Finance, building 1759. A reward if you return it. Call 52106.

DAKINE RASHGUARD, white, long sleeves, on Lagoon Road between DCCB surfing area and North Point. Call 59283.

## FOUND

IPOD, near bakery on Wednesday. Call 54184 with password and good contact number.

## WANTED

SOMEONE with the capability to convert vinyl

## Religious Services

### Catholic

5:30 p.m., Saturday, Small Chapel  
9:15 a.m., Sunday, Island Memorial Chapel  
Roi-Namur service, 7 p.m., Second and Fourth Friday of each month. Appointments with Fr. Vic available after dinner.

### Protestant

Summer Schedule  
11 a.m., Sunday Service  
7 p.m., First and third Friday, Roi Chapel

### Latter-day Saints

10 a.m., Sunday, CRC Room 3  
Contact the chaplain's office at 53505 for more information.

recording into MP3. Will pay up to \$20 per song. Call Brian at 51081.

SINGLE OR DOUBLE jogging stroller. Call 51576.

## GIVEAWAY

RECLINER, very comfortable, but has many cat scratchings. Call 51195.

## FOR SALE

ATOMIC AQUATICS B1 Regulator System with Mares SPG, computer, compass console, Seatac BC with Scubapro AIR2, \$150.

WALK-IN SHED, 6x5x6-foot, \$75; upright shed, 2x1.5x6-foot, \$40; outdoor shelves, \$20; umbrella with stand, \$15; two small flower pots, \$1 each; rusty bike baskets, \$1 each; fish tank, light, pump and some supplies, \$40. Call 52034.

43-FOOT BENETEAU SAILBOAT *Kailuana*, three staterooms, two heads, full galley, solar and wind power, new engine with 250 hours, uch more information available, \$85,000 Call Mike at 54203.

PCS SALE, 46-inch plasma TV, \$500; grill with tank, \$25; 26-inch bike, \$70; reclining theater couch, \$700; blinds, \$10-20; Yamaha guitar, \$65; ceiling fan with lights, \$50; outdoor ceiling fan, \$15; plants, \$5. Call Steve or Theresa at 51675.

PCS SALE, Alienware 11.5-inch laptop with external DVD drive, \$400; SCUBAPRO Superhawk small BCD with computer, fins and mask, \$300; Philips 36-inch flat panel TV, \$200; various kitchen appliances, \$5-\$20; Toastmaster programmable bread maker, \$30; two beach chairs, \$5 each; Sony DVD player, \$15; iLuv iPod player, \$15; 5-, 8-, and 10-lb weights, \$5 each or \$10 for set; and more! Call 51167 after 4 p.m.

LOVESEAT with pull-out twin mattress and matching ottoman with storage, \$75; TUSA men's XL BCD with four integrated weight pockets, used four times, \$250; 4-foot long chest freezer, \$400. Call 51195.

NEW IN BOX, NEMA 2000 certified/ compatible Garmin GPSMAP 421s, 4-inch waterproof marine GPS and chart plotter, fish finder and depth sounder, comes with dual-frequency transducer, Garmin GA 30 new passive marine GPS antenna with all cabling and Garmin flush mounting kit, great for any boat, \$550 firm; new "wind scoop" hatch vent, \$50; new in box trailer winch, \$20. Call 54212 and leave a message.

WII U CONSOLE, four remotes, charging station, Guitar Hero with two guitars, keyboard, midi controller, 32GB memory card, \$300; Skylander Giants Wii U game, unopened, \$40; many other Wii and Wii U games, \$5 each. Call 52597.

ICE-MAKER, large industrial type, requires manpower/vehicle to transport, \$250. Call 51195.

PCS SALE, two futon couches, one wicker with matching armchair and ottoman, new sage and tan upholstered cover on couch and tan neutral cover on armchair and ottoman, numerous matching throw pillows, \$300 or best offer; one solid oak futon with island print cover, and numerous matching throw pillows, \$200 or best offer; queen size bed, dark wood head, foot, and side boards, solid wood frame, older mattress set, \$250. Call Chad and Alex at 52426.

## ROI HAPPENINGS

A FATHER'S DAY POOL Party and Tie-Dye Bash will be at 2 p.m., Sunday. CA will provide the dyes, you supply the 100% cotton apparel.

A SUMMER SOLSTICE Bon Fire will start at 8 p.m., June 22, at the beach, specific location to be determined. Low tide is at 9:25 p.m.

A CONCERT, to be announced, will be held at the theater on June 28.

THE DEADLINE TO SUBMIT for the 2014 Calendar Photo Contest is June 30. Take your pictures of Roi-Namur and submit them for a chance to be included in the 2014 calendar.

FRIDAY NIGHT POOL tournaments will be held at the Outrigger Bar throughout June. Registration starts at 6 p.m., games start at 7 p.m.

ZUMBA CLASSES are held at 7 p.m., Wednesdays throughout June, at the theater.

THERE WILL BE A RIB FEST AND COOK-OFF on Friday, just for fun. Start thinking about your favorite recipes and order your ingredients from Derrick at the Third Island Store.

## COMMUNITY NOTICES

OCEAN VIEW CLUB presents live music by *Radar Love*. 8 p.m., tonight.

THE SOS TRIATHLON Challenge is an indoor/outdoor cardio program. Challenge dates are June 18-July 18. Participants can swim, bike and run to the ultimate goal of completing IRON-MAN distances over a 4-week period. Use the Ivey Gym, Adult Pool or Family Pool, and other activities to rack up the miles of cardio and develop a diverse workout. Register through June

## Captain Louis S. Zamperini Dining Facility

### Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	June 22
Kwaj Fried Chicken	Herb Chicken Breast	Philly Cheese Steak	Grilled Ham and Cheese	Dry Rub Roast	Mini Taco Bar	Meat Lasagna
Pork Pimento	Beef Pot Pie	Herb Roast Porkloin	Beef Stew	BBQ Beef Brisket	Oven Fried Chicken	Eggplant Parmesan
Crab Benedict	Quiche Lorraine	Buffalo Wings	Chicken Strips	Corn Dogs	Maple Glazed Salmon	Chicken Cacciatore

### Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	June 22
Swiss Steak Jardiniere	Spaghetti	Beef Tips in Burgundy	Grilled Top Sirloin	Charsi Spareribs	Hamburger Steak	Seafood Curry
Chicken Broccoli Stir-fry	Whole Wheat Pasta	Pasrlied Noodles	Herb Roast Chicken	Stir-fry to Order	Tuna Casserole	Jerk Chicken
Mashed Potatoes	Italian Sausage	Vegetable Du Jour	Broccoli Normandy	Chinese Fried Rice	Vegetable Medley	Okra and Tomatoes

15 with Community Activities. Cost is free! Questions? Call Mandie at 53331.

KYC SPRING Sunfish Regatta and Beach Party at Camp Hamilton is open to the entire community, Sunday. Sailboat rides, learn how to sail a Sunfish, launch water balloons or just enjoy the beach from 10 a.m.-4 p.m. Limited number of boats, so come early. Sponsored by Kwajalein Yacht Club. Contact [yeoman@kwajyachtclub.com](mailto:yeoman@kwajyachtclub.com) with questions.

CAMP READ S'MORE! 10 a.m., Wednesday, at Grace Sherwood Library. Additional session at 7 p.m. Join us for the Summer Reading Program Kickoff!

STAINED GLASS workshop for experienced glassers. 5-7:30 p.m., Wednesday, at the Art Annex. All tools will be provided by the Kwajalein Art Guild. Questions, call Jayne at 54643.

THE USAKA COMMAND will hold a Resident's Town Hall on at 6:30 p.m., Thursday, at the CRC, room 6. All island residents are welcome to attend. For further information, contact 54848.

ING 401(K) open enrollment notice: your Chugach 401(k) plan can be a great place to start for your retirement planning. As an employee of Chugach you are eligible for free investment advice from Wells Fargo Advisors at 800-999-7450. Open enrollment is currently under way. Contact Prescilla at 50788 if you are interested in enrolling. If you are currently deferring into the plan and wish to increase your percentage, open enrollment is now occurring. Forms must be received by June 21 and will be effective July 1.

SUNSET SOIRÉE. 5 p.m., June 22, the Country Club will host a Grand Re-Opening. Come see the facility facelift, enjoy a beverage at the Country Club on a Saturday and watch the sunset. Beginning June 21 the Country Club will be under new management. Call Tony at 53768 or Kim at 53331 for details.

OCEAN VIEW CLUB Birthday Bash. 8 p.m., June 29. Sign up at the KRS Retail Sales office by June 28. Must be 21 years old! Complimentary drinks and cake for registered June birthdays. Contact Barbara Hutchins at 58228 or Ted Glynn at 53338.

THE FOOD COURT requests that there be no video gaming systems or TVs from 10 a.m.-2 p.m. to allow for enough table space and seating for the lunch crowd. Questions or comments? Call 53402.

VISIT THE ARCHAEOLOGY and history pages on USAKA Web located under the "USAKA" tab,

then "ES&H" for exciting historical information about Kwajalein and the Marshall Islands.

POSTAL ALERT: Placing "KWAJALEIN ATOLL MARSHAL ISLANDS" on any part of the address will not only cause a delay in delivery of your mail, but could potentially lead to "NON-DELIVERY and TOTAL LOSS" of your mail.

SAVE ENERGY. Use your Appliances wisely. Do your laundry efficiently by using the warm or cold water setting for washing your clothes. Always use cold water to rinse clothes. Use your dryer's automatic dry cycle rather than a timed cycle and clean the lint trap after each use. Conserve energy by running your dishwasher only when it is fully loaded, and turn off the dry cycle and air dry dishes instead.

PCSING? Need to mail a large number of boxes? Save time and lines by making an appointment at the Post Office. Call 53424 to schedule your visit.

AUTOMOTIVE SERVICES is requesting all vehicle operators turn on the headlight switch to allow tail and clearance lights to come on during the hours of darkness.

SURFWAY will continue to deliver groceries during school lunch hour, and at the end of the school day with the exception of the following 10-minute windows in which deliveries will be delayed: 11:25-11:35 a.m., 12:20-12:30 p.m., and 3:25-3:35 p.m.

IF YOU HAVE RECEIVED services from the Hospital recently, take a few minutes to fill out the following customer satisfaction surveys. Be honest about your experience with the Kwajalein Hospital, Dental and Vet Services. We welcome your comments, suggestions and requests. Paper survey is also available at the front desk receptionist, by the Emergency Room and the hallway between Lab and Pharmacy. For Medical and Dental go to <https://kwajweb.smdck.smdc.army.mil/community/medical/Pages/default.aspx>. For Vet Services go to <https://kwajweb.smdck.smdc.army.mil/community/medical/vet/Pages/default.aspx>.

E-TALK: The Eniwetak Conservation Area has been established to promote conservation of wildlife and coral reef resources. Visitors are NOT allowed without consent from USAKA.

SAFELY SPEAKING: Summer Vacation Safety: The risk for developing Deep Venous Thrombosis (DVT) and pulmonary embolism increase with prolonged air travel. To prevent DVT, avoid sitting for long periods of time and regularly pump the calf muscles by flexing and extending your ankles.

## Military Casualties

Two Soldiers died June 3, in Tsamkani, Afghanistan, of wounds suffered when their unit was attacked by a suicide vehicle-borne improvised explosive device. The soldiers were assigned to the 1st Battalion, 506th Infantry Regiment, 4th Brigade Combat Team, 101st Airborne Division (Air Assault), Fort Campbell, Ky. Killed were **2nd Lt. Justin L. Sisson**, 23, of Phoenix, Ariz., and **Spc. Robert A. Pierce**, 20, of Panama, Okla.

Two Soldiers died June 8, in Sharana, Afghanistan, of injuries suffered from small arms fire received at Zarghun Shahr, Afghanistan. The soldiers were assigned to the Headquarters and Headquarters Company, 2nd Brigade Combat Team, 10th Mountain Division, Fort Drum, N.Y. Killed were **Lt. Col. Todd J. Clark**, 40, of Evans Mills, N.Y., and **Maj. Jaimie E. Leonard**, 39, of Warrick, N.Y.

**Staff Sgt. Jesse L. Thomas Jr.**, 31, of Pensacola, Fla., died June 10, in Helmand, Afghanistan. He was assigned to the 39th Transportation Battalion, 16th Sustainment Brigade, 21st Theater Sustainment Command, Kleber Kaserne, Germany.

## Café Roi

### Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	June 22
Beef Manchaca	Rosemary Roast	Fried Fish Sandwiches	Chicken and Pesto	Chili Dogs	Grilled Cheese	Crispy Chicken
Huevos Rancheros	Beef with Au Jus	Blackened Flank Steak	Roasted Turkey	Chicken Cordon Bleu	Turkey Pastrami	Ropa Vieja Beef
Fiesta Rice	Eggs a la Lucio	Red Beans	Mashed Potatoes	Onion Rings	Cheesy Pasta	Black Beans and Rice

### Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	June 22
Chicken Scampi	Memphis BBQ	Pollo Asada	Carved Prime Rib	Roi Fried Chicken	Eggs to Order	Herbed Flank Steak
Stracotto Beef	Spare Ribs	Beef Enchiladas	Chicken Pot Pie	Baked Pollock	Quiche	Baked Penne
Polenta	Adobo Chicken	Spanish Rice	Baked Potatoes	Mashed Potatoes	Pancakes	Pesto Grilled Chicken

# Kids kick off summer with a splash

## Hourglass Reports

Photos by Eva Seelye

The School's Out Pool's In party was Tuesday at the Family Pool. The party is a great kickoff for summer vacation. It allows kids aged kindergarten through sixth grade to enjoy an afternoon at the pool filled with swimming, dancing, prizes and snow cones under the supervision of Pools and Beaches lifeguards. The party was a blast and everyone had a great time!

This summer, remember to practice good water safety by always swimming in a supervised area. Pools and Beaches summer hours are in effect:

### Emon Beach

Tuesday-Saturday: 12:30-3:30 p.m.

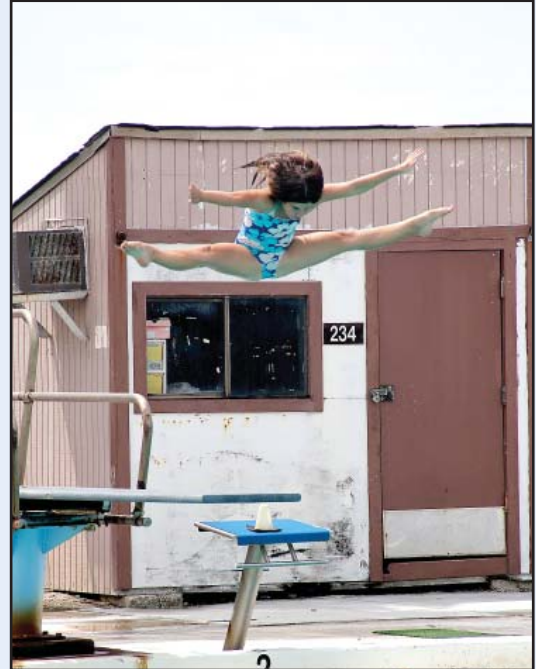
Weekends: 1-4 p.m.

### Family Pool

Tuesday, Wednesday, Friday, Saturday: 1-6 p.m.

Thursday: Closed for cleaning Weekends: Closed

For more information or water safety tips, contact Community Activities at 53331.



## Weather

Courtesy of RTS Weather

Day	Skies	Chance of Rain	Winds
Sunday	Mostly Sunny	10%	ENE-E at 16-20 knots
Monday	Partly Sunny	20%	ENE-E at 12-17 knots
Tuesday	Partly Sunny	30%	ENE-E at 12-17 knots
Wednesday	Partly Sunny	20%	ENE-E at 12-17 knots
Thursday	Partly Sunny	30%	NE-E at 12-17 knots
Friday	Partly Sunny	30%	ENE-E at 10-17 knots

Yearly total: 13.61 inches

Yearly deviation: -5.18 inches

Call 54700 for updated forecasts or visit [www.rts-wx.com](http://www.rts-wx.com).

	Sunrise Sunset	Moonrise Moonset	High Tide	Low Tide
Sunday	6:31 a.m. 7:09 p.m.	12:15 p.m. -----	8:34 a.m. 3.3' 9:30 p.m. 2.9'	2:18 a.m. 0.8' 3:09 p.m. 0.5'
Monday	6:31 a.m. 7:09 p.m.	1:03 p.m. 12:36 a.m.	9:39 a.m. 3.0' 10:49 p.m. 3.0'	3:28 a.m. 1.0' 4:14 p.m. 0.6'
Tuesday	6:31 a.m. 7:09 p.m.	1:54 p.m. 1:20 a.m.	11:03 a.m. 2.9' -----	5:00 a.m. 1.0' 5:30 p.m. 0.6'
Wednesday	6:31 a.m. 7:09 p.m.	2:48 p.m. 2:07 a.m.	12:09 a.m. 3.2' 12:30 p.m. 2.9'	6:32 a.m. 0.8' 6:41 p.m. 0.4'
Thursday	6:32 a.m. 7:10 p.m.	3:45 p.m. 2:57 a.m.	1:16 a.m. 3.7' 1:42 p.m. 3.1'	7:44 a.m. 0.4' 7:43 p.m. 0.1'
Friday	6:32 a.m. 7:10 p.m.	4:46 p.m. 3:51 a.m.	2:13 a.m. 4.2' 2:40 p.m. 3.4'	8:42 a.m. -0.1' 8:37 p.m. -0.2'
June 22	6:32 a.m. 7:10 p.m.	5:49 p.m. 4:50 a.m.	3:03 a.m. 4.6' 3:31 p.m. 3.6'	9:32 a.m. -0.5' 9:25 p.m. -0.5'